



**At SSOC we are taking every precaution to minimize your risks of exposure to Covid-19. This document will give you more information on what to expect.**

**What to expect in the office:**

- Please come to your appointment by yourself, or bring only one person if absolutely necessary
- You must wear your own mask while in the office
- We will check your temperature and ask basic screening questions prior to entering the office
- Please maintain social distancing of 6 feet while in the waiting room area
- Hand sanitizer available in the waiting area, and we will be wiping down furniture after use
- We will discuss your surgical options with you
  - particularly the timing of your surgery and Covid exposure risks
  - we are keeping up to date with latest national and state recommendations

**What to expect before surgery:**

- You may need to get a Covid test prior to surgery, and we will help arrange this if warranted
- Please remain quarantined after testing until your procedure, to minimize risk of exposure
- Test results are expected within 48-72 hours
- You may be required to keep a temperature log for 10 days prior to surgery
- If you develop symptoms of Covid prior to surgery, or have a known exposure to Covid, please notify your surgeon as soon as possible
- If your test is positive, your surgery will likely be postponed until the time your surgeon determines it is safe to proceed, taking into account the urgency of your surgical procedure and national and state recommendations

**What to expect the day of surgery:**

- You will be questioned and temperature screened at the entrance to the surgical facility
- You must wear a mask to the surgical facility
- Bring only one support person with you for your procedure
- Depending on the facility the support person may be allowed in waiting area but most likely will be asked to wait in their car

**What to expect after surgery:**

- Follow the discharge instructions that you receive after surgery
- If you develop symptoms of Covid, notify your surgeon and PCP as soon as possible
- An in-person post-operative appointment may be necessary but in some cases you may have this visit by telehealth or a phone call

**Common symptoms of Covid:** fever, cough, fatigue, and shortness of breath, **but also be aware of** body aches, nasal congestion, runny nose, sore throat, diarrhea, sudden loss of taste or smell